

HAVE A FINE NAVY



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Veterans' Medical Center offers service to women

The Veterans' Medical Center has an excellent Women's Center which has offered primary and specialty care since 1995. If you are a woman veteran or are a beneficiary with a CHAMPVA or TRICARE and want more information about eligibility, call the center at 577-7353, or Margaret Sousoulas, Women Veterans' Program manager, at 523-8990, ext. 6767.

Teen Job Fair

Teenagers seeking summer jobs can take advantage of JOBLINC's annual Teen Job Fair, sponsored by the Memphis/Shelby County Public Libraries. Over 30 companies will gather today from 2-6 p.m. at the Main Library, 1850 Peabody Avenue, Memphis. Ages 14-21 are invited to take advantage of internship and employment opportunities. For more information, call LINC at 725-8895.

On base

Crichton College Advance Program

Registration for Crichton College's Advance Program at Naval Support Activity Mid-South is scheduled for April 18, with classes beginning on April 25. Classes meet one night a week from 6-10 p.m. for 18 months. A bachelor of science degree in organizational management is earned upon completion of all required coursework. If you have already accumulated at least 60 college credit hours and are at least 25 years old, you qualify to enroll in this program. Call Joanna Simonton, Millington site director, at 873-0794 for more details.

Having a Healthy Baby

"Having a Healthy Baby," a Navy-Marine Corps Relief Society class, is held in four weekly sessions from April 25 to May 16, 11 a.m. to 1 p.m. These free classes will provide information on pregnancy, the process of childbirth, breathing and relaxation techniques during labor and other information to help prospective parents cope with the entire process of having a baby. To register, call the N-MCRS office at 872-7266.

Uniform of the Day change

At 12:01 a.m., Monday, April 10, the uniform of the day will change to summer uniforms: summer white, service khaki alternates for chief petty officers and officers; service dress whites, and summer white alternate for enlisted E-6 and below. Fabric for khaki will be CNT or poly/wool.

Women's Ministry Luncheon

The Women's Ministry Luncheon will be April 13, 11:55 a.m. in the Chapel Fellowship Hall. Civilians and military are invited to attend for a wonderful lunch and a gifted speaker. For more information, call the Chapel at 874-5341.

NEX Easter hours

The Navy Exchange main retail store and package store will be closed Easter Sunday, Apr. 23. The Mini Mart and Gas station will be open from noon until 4 p.m.

Diabetes education class

There will be a diabetes education class at the Branch Medical Clinic on Friday, April 14 at 9 a.m. Please call 874-6130 to sign up.

Give your military child an extra hug in April

According to *Prevent Child Abuse America*, the overall crime rate fell more than 21 percent from 1993-1997. However, reports of child abuse and neglect increased by eight percent and confirmed cases rose by four percent.

During this period 67 children died in automobile accidents involving airbags, but nearly 5,000 children died from abuse or neglect by a parent or caretaker. Each one of us can help lower this statistic by increasing our awareness.

Child Abuse Prevention Month has been observed in April since its birth by presidential proclamation in 1983.

Also, by the Secretary of the Navy's designation, April is the Month of the Military Child. This year's Navy theme is "Nurturing Family Growth...Planting Seeds for Future Generations."

In observance of Child Abuse Prevention Month and Month of the Military Child, the Family Service Center staff will have displays set up in various locations throughout the base. They will have literature, resource material and some special items for children.

For more information, please check the *Bluejacket* each week in April, or visit the FSC on the Web by going to the Navy Mid-South web site, www.nsamidsouth.navy.mil, select "Services," then click on Family Service Center.

If you would like a display or a presentation on child abuse prevention for your command or organization, please contact Gloria Smith at 874-5075/5375.

The Family Service Center conducts classes on parenting and other life skills programs on a regular basis. To find out when the next programs are, contact the FSC at 874-5075. They can help you nurture family growth and plant seeds for the future.



Two tykes from the Child Development Center on base take a trip to the Lazy Anchor Ranch to enjoy the animals there.

TRICARE briefing at BMC

The Branch Medical Clinic will host a TRICARE briefing on Wednesday, April 26 from 1-2 p.m. in the clinic's training room. The briefing is open to all active duty members, their families and retired military/family members. Call Gary Douglas, health benefits advisor, at 874-6112 no later than April 19 to reserve your seat.

Get kids' shots at new Immunizations Clinic

By Lt. Cmdr. Christopher Pratt
Deputy Director
Branch Medical Clinic

The Branch Medical Clinic will implement a new immunizations clinic on a trial basis. Currently, patients often have to wait for available staff members to provide them necessary immunizations. This can be quite unnerving for a parent with three children waiting to receive a shot!

To reduce your waiting time and streamline the clinic's process, BMC staff will hold Immunizations Clinic hours on Monday and Wednesday from 1-3:30 p.m. for all walk-in patients. Please obtain your medical record and check in at the Primary Care front desk.

If you have a yellow shot card (U.S.

Department of Health, Education and Welfare PHS 731), please take that with you as well so clinic personnel may transcribe the completed immunizations to the form for you. Note that you **MUST** have your outpatient record that contains an immunization history in order to receive service.

Parents, don't delay--avoid the rush! This is an excellent opportunity to complete those required school shots before summer vacation. The clinic will continue to screen all patients for necessary immunizations. These individuals will be able to get their shots during their initial visit without having to go back in during the Immunizations Clinic hours.

Questions should be directed to the Immunizations Coordinator, Lt. (jg) Whitten, at 874-7030.

Drawing their Relief checks

The winners of the prize drawing for the Navy and Marine Corps Relief Society Fund Drive got their checks March 27 during a presentation ceremony at Wood Hall. They are shown at right with N-MCRS Fund Drive officials. From left to right are Yeoman First Class Leon T. Knipping, treasurer; Jim Robinson, N-MCRS Mid-South manager; second-prize winner (\$500) Chief Information Technician



(SW/AW) Alvin C. Edwards, Corrections and Programs Division; First-prize winner (\$1,000) Lieutenant Commander Lore G. Fennell, Branch Medical Clinic; third-prize winner (\$250) Cmdr. Michael R.

Halloran, special assistant to the Family Advocacy Program; and Lt. Vicente C. Garcia, regional Fund Drive coordinator.

NAVSUPPACT Mid-South nominated by CNO as finalist in shore Installation Excellence Award contest

Naval Support Activity Mid-South was recently chosen as winner in its claimancy, Field Support Activity, to compete for the 2000 Commander in Chief's Installation Excellence Award.

The award recognizes outstanding and innovative efforts in operating and maintaining U.S. military installations. The Chief of Naval Operations selects winners based on their support of department missions. Nominees' work and support structure should enable all employees to contribute to achieving the organization's performance objectives. Emphasis is placed on elements such as employee wellness programs, workforce effectiveness activities, and the use of innovative management techniques to accomplish the mission.

Vice Admiral J.F. Amerault, deputy chief of naval operations (logistics), announced the CNO's selection of U.S. Naval Air Station Sigonella, Italy as the winner of this year's award. "[The field] was highly competitive," said Amerault. The fol-

lowing installations, along with the incumbent winner, were forwarded by their major claimant for OPNAV consideration:

CINCPACFLT	CFA Yokosuka
CINCPACFLT	CFA Sasebo
CINCUSNAVEUR	NAS Sigonella
CNET	NAVSCSOL
COMNAVSEASYSKOM	NSWC Indian Head
COMNAVSEASYSKOM	NAS Patuxent River
COMNAVRESFOR	NAS JRB Willow Grove
Field Support Activity	NAVSUPPACT Mid-South
COMNAVCOMTELCOM	NCTS Cutler
COMNAVSECGRUCOM	NAVSECGRAUCT Sugar Grove

Amerault said, "The outstanding innovation, stewardship, partnering, and professionalism demonstrated by all nominees served as testimony to Navy-wide efforts to improve shore installation management. Well done to all!"

NAVY-MARINE CORPS RELIEF SOCIETY OPEN HOUSE

**Thursday, April 13
11 a.m.-1 p.m.**

Memphis Room/Helmsman Club

Light Refreshments--Displays--Volunteer Opportunities--Showcase of Available Services

**STOP BY AND FIND OUT WHAT YOUR
NAVY-MARINE CORPS
RELIEF SOCIETY HAS FOR YOU!**

Commentary

Captain's log

April is both the Month of the Military Child and Child Abuse Prevention Month. There is an article on page one in this edition of the *Bluejacket* that will address statistics and programs available at Naval Support Activity, but to that I'd like to add a personal perspective.

The mobile military lifestyle is hard on children. As adults, we can mentally prepare ourselves for an impending PCS move and all the changes it brings. We tend to put down shallow roots from the moment of check-in, knowing that in a few years, we'll be moving somewhere else. Friendships are made with this in mind—not that they are not lasting bonds, but with the understanding that at least, for a time, the friendships must be nurtured from a distance.

Children see it differently, however. They must adjust to new schools, new friends, new childcare arrangements, new social ties (troops, clubs, teams, etc.). The adjustment becomes harder as the child grows older.

Families may choose a geographic bachelor arrangement, even for an extended period of time, instead of uprooting the family. This puts a strain on the entire family as one parent tries to be both mother and father, while the other parents from a distance or on occasional trips home. In this situation, I have known children (especially pre-teens and teenagers), who had otherwise been well behaved, to stray far afield when the absent parent is gone for long periods of time.

In another scenario, single parents struggle to provide good care for their children while they meet the demands of the military, including duty nights, the ever-present possibility of deployment, or a business trip. On a limited income, they must make fast friends with neighbors who can provide short-term care or emergency pickups if the work day runs unexpectedly long. Leaving those sup-

port structures at the end of a tour, no matter how casually arranged they might be, can be tough on both parent and child.

Some revert to latch-key situations which can lead to too many hours without supervision. Recently there has been some conflicting information about the age that a child may be left unattended. To make matters more difficult, the state of Tennessee does not have a firm and fast rule, citing the maturity of the child, the length of time that child will be alone, and other variables about the situation which would factor into a parent's decision making process.

The age of one's babysitter or leaving a child unattended in the home is always a situation to be weighed carefully; if poor judgment is exercised, a parent could be facing charges of child neglect or child abuse. This is not an area in which to gamble.

Teachers I talk to generally say that military parents are more involved with their children's education than are our civilian counterparts. That's a good thing, for it is difficult to move from one school system to another, finding a different emphasis on subjects as they move about.

The longer periods of school recess, while welcome for the students, pose another dilemma for the working parent. Boredom can set in, and idle children look for ways to fill the void. I speculate that the recent tragedy at the Army base in Germany could have been averted if there had been an active program for youth.

A structured program is best, such as the Navy Mid-South Teen Program, which will soon be operating out of the new Teen Center at Pat Thompson Theatre (check out the Teen Corner at www.mwrmemphis.com <<http://www.mwrmemphis.com>>). We're still getting more than you give!



Captain Diane L.H. Lofink

ages 13-17 to serve on the Teen Council (Contact Bobbie Pollard at 874-5494). Other options for a broader range of ages may be YMCA Day Camps offered throughout Mid-South or church-based programs. And don't forget, every Tuesday is Family Movie and Pizza night at Ellison Recreation Center starting at 5 p.m.

Let's face it: it is a challenge to be a military child today. On top of everything I've discussed here, there are the extra pressures of growing up in a fast-paced, consumer-driven, secular-minded society. When I speak to young people, one of my biggest points is to choose their friends wisely and to be brave enough to make their own life choices—not allowing someone else to do the choosing for them just for the sake of fitting into a crowd.

So, in this month of the Military Child, what can we all do? I suggest that the best thing is to spend time with your children, or the children that you come in contact with. Set reasonable boundaries and standards for them. Listen, really listen, to what they're telling you...if you have young children, start now to ensure you continue to talk during the turbulent teen years. Make home a safe place, where they can retreat from the demands of the world, a place of encouragement and acceptance and a sympathetic ear.

So reach out to a military child today and every day, no matter what kind of day you've had at the office! I bet you'll get more than you give!

Chaplain's corner

Help wanted

By Chaplain (Lt. Cmdr.) Michael Wright

"Help wanted," the ad reads; "Teaching and aid positions available, apply at Small World Daycare, Millington." Another ad states, "Needed—merchandise to service retail stores in Memphis area. Full days required 2-3 days/week, no weekends, no evenings, \$7.50/hr, 30cents/mile, will train."

The classified section of the newspaper is full of ads offering a variety of employment opportunities. It appears that jobs are readily available in almost every career field. Recent economic reports indicate that unemployment is at its lowest rate in 25 years. The issue of finding a job is currently not as great a concern as it has been in the past. As a result, those seeking employment have more options from which to choose.

Yet history tells us that economic prosperity runs in cycles and so the probability is high that unemployment will be an issue again at some point in our nation's future. Wouldn't it be nice if there was an employment opportunity that guaranteed absolute job security regardless of fluctuating economic situations—a job in which age, race and gender were not part of the equation either overtly or covertly, a job that wasn't dependent upon skill or longevity, but based solely on an individual's willingness and availability?

Does such a job exist? The answer is yes. There is such a job opportunity with immediate openings available. The "Help wanted" ad reads, "Follow me and I will make you become

fishers of men" (Mark 1:17).

Jesus posted this ad. It has run now for almost 2000 years and applications are still being accepted to this day. God has provided each of us endless opportunities to serve him and one another. The only requirements for employment are our willingness and availability. The scriptures are the training manual. God's spirit is the mentor and guide. There is immediate need to feed the hungry, comfort the sick, visit the lonely or shut-in, lessen the burdens of the overwhelmed, right injustices, extend forgiveness, bring encouragement to the discouraged, provide hope for the hopeless—the employment opportunities go on and on.

Jesus declared that our service to others is, in a real way, service to God. Matthew 25:37-40 states, "Then the righteous will answer him saying, 'Lord, when did we see you hungry, and feed you, or thirsty, and give you drink? And when did we see you a stranger, and invite you in, or naked and clothe you? And when did we see you sick, or in prison, and come to you?' And the King will answer and say to them, 'Truly I say to you, to the extent that you did it to one of these brothers of mine, even the least of them, you did it to me.'"

God invites us to join his team. There are plenty of jobs for the taking in his service. The rewards and benefits are truly eternal. "The harvest is plentiful, but the workers are few" (Matthew 9:37). "Help wanted": you can start today.

Your TRICARE Benefits



What services at the clinic apply to military retirees??

By Dottie Plant
TRICARE Health Benefits Advisor
Branch Medical Clinic

Military retirees and their family members are eligible to receive certain services through the local military health care system.

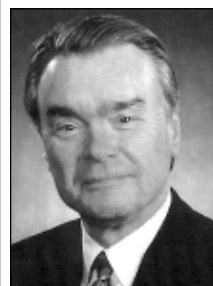
Prescription medications may be filled at the Navy Exchange pharmacy as long as your medication is carried in the formulary. You may call 874-6121/6122 or 6123 for information. To request refills on medications you should call the toll-free number at 1-888-513-4164.

Health Promotions at the Branch Medical Clinic provides assistance and support in establishing and maintaining a healthy lifestyle. Retirees can sign up for classes such as smoking cessation, diabetes, weight management, cholesterol and high blood pressure. For information on health promotions you may call 874-6130.

Influenza vaccines are also offered before the flu season is anticipated. Information on dates and times is advertised in the *Bluejacket*.

Military-style eyeglasses are available to military retirees. Eye exams are not covered. The retiree may bring in a current prescription to the Optometry Department at the Branch Medical Clinic for ordering their glasses.

TRICARE assistance is offered to military retirees and their families at the Branch Medical Clinic. If you need help with understanding the TRICARE Programs or with billing issues or questions, please contact the Health Benefits Advisors at 874-6111/6112/6107 or toll free at 1-877-209-8169. You may also e-mail them at tricarebmc@mlh10.med.navy.mil.



See Gordon M. Bethune

CEO and Chairman of the Board for Continental Airlines

Tuesday, April 11
10 a.m. and 2 p.m.

Blue Theatre
Pat Thompson Recreation Center

Gordon Bethune will discuss how he turned Continental Airlines from bankruptcy to profitability through outstanding customer service and improved employee relations. He was ranked 6th among the 50 best CEO's in America and one of the top 25 global managers.

LEARN HOW HE USES:
--TEAMWORK
--CUSTOMER SERVICE
--EMPLOYEE RELATIONS

Continental is ranked 23th among 100 best companies to work for in America. Continental was Airline of the Year

for 1997, named "Best Managed" in 1998 and winner of J.D. Power Award for customer satisfaction for three of the past four years.

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Captain Diane L.H. Lofink (left), commanding officer, Naval Support Activity Mid-South, presents Junior Civilian of the Year Debbie Morgan with a command plaque.



Lofink presents Judy Feine (left) with her plaque honoring her top senior civilian status.

NAVSUPPACT Mid-South selects two of its best civilians for honors

Ms. Deborah H. Morgan
Public Works Department
Junior Civilian of the Year

Ms. Deborah Morgan, management assistant to the Public Works Department of Naval Support Activity Mid-South, has been chosen Junior Civilian of the Year for 1999. Her citation reads: "For outstanding performance of duties from Jan. 1 to Dec. 31, 1999 while serving as management assistant for the Public Works Department."

"Ms. Morgan continually exceeded normal job expectations during this period. Because of critical personnel shortfalls and turnover in the Family Housing Office, a secretarial vacancy in the Public Works Office and a temporary facilities clerk hired for FMED, Ms. Morgan not only completed her extensive normal duties, but also provided direct clerical support to these areas."

"Without her voluntary hands-on assistance in correcting rough drafts to final format, finding instructions, references, and reports for these division directors, they would have been unable to provide the critical level of customer service necessary to perform their duties."

"Ms. Morgan's personal work ethic was evidenced daily in the quality of the administrative work maintained both in her office and within the department. During the year her work with supervisors has resulted in a substantial reduction in the department's overdue correspondence list."

"Ms. Morgan voluntarily provided extensive coverage to other divisions when clerical personnel were on sick or annual leave, as well as coverage for vacant positions. Her interface with senior and junior personnel visiting the Public Works Officer was exceptional."

"Ms. Morgan's outstanding performance during this year was invaluable to Naval Support Activity Mid-South."

Ms. Judy P. Fiene
Resources Management Department
Senior Civilian of the Year

Ms. Judy Fiene, budget analyst for the Resources Management Department of Naval Support Activity Mid-South, has been chosen Senior Civilian of the Year for 1999.

Her citation reads: "For outstanding performance of duties from Jan. 1 to Dec. 31, 1999 while serving as budget analyst for the Resources Management Department of Naval Support Activity Mid-South."

"Fiene continues to exceed normal job expectations by maintaining flawless accounting records, ensuring all funds are correctly allocated, obligations are recorded and are vendors paid. This past year, Fiene trained a brand new staff of accounting technicians and closed out the fiscal year with less than \$100."

"Fiene's accurate and detailed budget submissions gave this command great opportunity in obtaining additional funding. On Sept. 1, 1999 NAVSUPPACT Mid-South received an additional \$4 million. Fiene quickly allocated the funds and ensured all requisitions were obligated before the end of the fiscal year. During the first quarter of the current fiscal year the station's operating budget was not sufficient to cover all requirements. Fiene identified critical requirements, issued funding authority and kept track to prevent over-obligation of funds."

"Fiene continues to research and analyze procedures and methods for improvement to meet or exceed customer demands. She is always eager to assist her customers and is professional in every way. Fiene is truly a team player and a great asset to Team NAVSUPPACT Mid-South."

QUALITY CORNER



**NAVAL SUPPORT
ACTIVITY
MID-SOUTH
MILLINGTON,
TENNESSEE**

The Quality Corner features individual Naval Support Activity Mid-South departmental mission statements.

FAMILY SERVICE CENTER MISSION

The mission of the Family Service Center is to work within and in support of the chain of command, enhancing operational readiness and job performance through delivery of programs and services which support and enrich the quality of life for military personnel and their families.



From left to right: Commander Henry Ross, Lieutenant Cmdr. Bradley J. Cordts, Lt. Cmdr. A. David Fawal, Lt. Clay Caldwell, Lt. Cmdr. Franklin Foil, and Lt. John Price provided a full range of legal services to military personnel on base during March.

Reserve attorneys serve Navy Mid-South families' legal needs

Active duty and retired military personnel and their family members in the Navy Mid-South area are blessed to receive top-quality legal service from a host of Naval Reserve attorneys who augment the staff of the Naval Legal Service Office Memphis.

Throughout the year, individual attorneys drill here and, periodically, the entire Naval Reserve Unit will be on base. In March, Reserve attorneys provided a full range of legal services to over 80 clients.

Examples of services these attorneys gave to clients included advice on landlord-tenant issues, divorce matters, consumer law concerns, and property damage and insurance. They also helped customers with their wills and contracts.

Navy clients receive enhanced service regarding local matters because

most of these attorneys are licensed in Tennessee or Mississippi. Working with these attorneys provides the dual benefit of their knowing the state laws and knowing some of the local and regional personnel and processes.

Thanks to Reserve augmentation, the Naval Legal Service Office is able to provide quality legal assistance services more promptly to more clients.

The Legal Service Office publishes notice of when the Reserve attorneys will be on board in the *Bluejacket*. Notice is also posted around the base, at the Navy Exchange and the gym, and word is put out at various command meetings.

If you have questions or wish to make a legal assistance appointment, call the Naval Legal Service Office at (901) 874-5793.

Do you like The Bluejacket?

Now's your chance: give us some feedback!

- How often do you read the *Bluejacket*?
☐ When it comes out every week
☐ Once a month, average
☐ Occasionally
☐ Seldom
☐ Never

- Do you have easy access to a copy, always knowing where you can find one?
☐ Yes ☐ No

- Does the front page generally make you want to pick the paper up and read?
☐ Yes ☐ No

- If you do not read the paper often, or never read it, why not?
☐

- How does the *Bluejacket* compare in quality to other base newspapers you've seen?
☐

- Would you like to see more of the following:
☐ Yes ☐ No News of various commands on base
☐ Yes ☐ No Features of people on base

- ☐ Yes ☐ No Navy/military history articles
☐ Yes ☐ No Family/health articles
☐ Yes ☐ No Navy news around the country/world
☐ Yes ☐ No Sports on base
☐ Yes ☐ No Leadership/motivational articles from senior personnel
☐ Other

- On a scale of one to 10 (one = no value, 10 = extreme value), rate the *Bluejacket* on:

- ☐ Need-to-know Navy information value
☐ Need-to-know quality-of life information value
☐ Navy recreation information value
☐ Inspirational/motivational value
☐ Entertainment value
☐ General-interest reading value

- On the same scale, rate the *Bluejacket*'s:

- ☐ Quality of photographs
☐ Quality of graphics/illustrations
☐ Quality of writing

Thanks for participating. Please return this form or your comments via yard mail to Bluejacket, Bldg. S-455, or via e-mail at wallis@navsuppact-midsouth.navy.mil

Are you at high risk for cancer? Diet could be cause

By Jo Hamsher
Health Promotion Coordinator
Branch Medical Clinic

April is Cancer Control Month. Research today tells us that most cancers can be prevented. Cancer is a disease directly affected by lifestyle choices. Eating right, staying physically active, maintaining a healthy weight and not smoking can reduce your risk for many types of cancers by half.

The foods you put into your body each day are an important factor in protecting yourself against many cancers. Many Americans eat too much fat, cholesterol and calories in a given day. Most

Americans do not eat enough fiber, including fruits and vegetables. Diet plays a key role in protecting against cancer, as well as other life-threatening diseases such as diabetes, stroke, heart disease and obesity.

Other important elements to help prevent cancers are to exercise regularly, limit alcohol consumption, don't smoke and limit sodium intake. When choosing a healthy meal, choose a diet rich in a variety of plant-based foods.

Choose lean skinless turkey or chicken breasts. Limit red meats to no more than three times a week, and eat a variety of fish, especially oily fish that are high in omega-3 fatty acids.

If cancer is detected early, survival

rates are very high. The key is to know your body. Look for changes in moles or freckles and do regular self-breast or testicular exams. Have a check-up once a year, whether you feel you need it or not. Listen to your body. If something is different, get it checked out by your family physician.

Prevention is the goal, but early detection is the key. By making wise choices today, you can reduce your risks for cancer tomorrow.

For more cancer information, check out the booths at the Branch Medical Clinic or at Joe Dugger Fitness/Wellness Center, or call the Health Promotion Section at 874-6130. Have a healthy day.

cartoon



WHAT DOES THIS MEAN TO YOU?

"Be the high point of their day."

Submit comments to:
smillican@navsuppact-midsouth.navy.mil

Earth Day: the world and Naval Support Activity Mid-South cleans up April 21

The first Earth Day was celebrated internationally on April 22, 1970. The initial Earth Day was established to emphasize the necessity for the conservation of the world's natural resources. Starting as a student-led campus movement, initially observed on March 21, Earth Day has become a major educational and media event. Environmentalists use this day to heighten awareness regarding pollution problems as well as to advise the general populace of upcoming pollution prevention programs or to tell of success stories.

Initially, President Kennedy conducted a nationwide conservation tour, spelling out in dramatic language the serious and deteriorating condition of the environment. Kennedy went on his five-day conservation tour in late September 1963. For many reasons, the tour didn't succeed in making the environment a national political issue. However, it was the beginnings of the idea that blossomed into Earth Day.

Senator Gaylord Nelson, known as the founder of Earth Day, came up with the original concept. On a flight from Santa Barbara to the University of California-Berkeley, he read an article on protests, called anti-war teach-ins. At that time, there was a great deal of turmoil on the college campuses over the Vietnam War. These were being widely held on campuses across the nation. Another thought hit Senator Nelson. Why not have a nationwide teach-in on the environment? This was the origin of Earth Day. The objective was to get a nationwide demonstration of concern for the environment so large that it would shake the political establishment out of its lethargy and, finally, force this issue permanently onto the national political agenda. An estimated 20 million people participated in demonstrations all across the country. In this way, a message was sent to politicians to wake up and do something about protecting the environment.

It is now time for you to wake up! How many times have

you heard on the local newscast the words, "Clean Up!" associated with a local eating establishment? The same applies here at Navy Mid-South. In conjunction with the 30th anniversary of Earth Day, Navy Mid-South Public Works Department Environmental Division personnel would like to take this opportunity to pass along information for those of us who are currently in the process or planning to do some "spring cleaning" around the home. We at Navy Mid-South have been approved as a drop-off location for the upcoming Household Hazardous Waste Collection Event to be held on May 13. In addition to household hazardous waste, local farmers will be allowed to drop off unwanted agricultural products.

The hours of operation for this event will be 8:30 a.m. to 2:30 p.m. The drop-off area will be located at the Willis Gate's eastern parking lot, along Wasp Avenue and just south of Navy Road.

The state of Tennessee has funded this event, so there will be no charge to current residents in Tennessee. Participants may bring up to 100 pounds of hazardous wastes per household. Save your paint, paint thinners, oil, pesticides, cleaners and other toxic materials and bring them to the site for proper disposal. Most of the wastes turned in are latex and oil-based paints, used oil, pesticides, and batteries. Participants may also bring antifreeze and other automotive fluids, car wax, kerosene, household cleaners, solvents, old prescription medicines, pool chemicals, fertilizer, drain cleaner, disinfectants, floor care products, various paint products, caulk, adhesives and hobby chemicals.

Products **not accepted** are empty containers, ammunition and explosives, medical wastes, radioactive materials, dioxin-related chemicals and any type of waste from a business. Industrial wastes from businesses will not be accepted! This is an excellent opportunity to conduct your spring cleaning and remove those old half-empty containers of products which have accumulated in residential storage rooms, garages, or basements. Isn't your groundwater (drinking water) worth protecting?

While we are on this subject, take the time to look around your immediate work area as well as around our base. Have you and your organization taken the time to unclutter and simplify? Perhaps you have been procrastinating during the previous months! Spring is the time for new beginnings, a time to freshen up your surroundings. Take charge in your area by setting an example. Take appropriate steps to remove and recycle all unnecessary litter and beautify your surroundings. How often have you considered what you could do to make this a better place in which to work and live? Sometimes we don't understand that little actions taken could make a big difference overall. Take pride in everything you do!

Special Olympics volunteer opportunity

On Wednesday, April 26, in Ripley, Tenn., close to 200 Tipton Co. athletes will participate in the Area VIII Special Olympics Spring Games. The delegation will come from nine schools and the Adult Developmental Center. Athletes' ages range from eight years to adult. If you would like to volunteer to help at the Olympics, contact BM2 Whitley at 874-5536 or ABHC Pope at 874-7461 for registration forms.

Saving Navy assets:

Goal of Reserve interview is keeping Navy's best

By Vice Admiral N. R. Ryan, Jr.
Chief of Naval Personnel

Our first priority is to maintain a strong Navy through retention of all qualified personnel on active duty. However, reality will dictate that not every officer or Sailor eligible to stay will choose to stay. Leaving active duty does not need to be the end of naval service. It can wisely be the start of a Naval Reserve career. At no other time in our history has the Naval Reserve been stronger, but our reserve component is facing a formidable challenge in recruiting and achieving end strength.

I am convinced the pilot initiative outlined below will ensure that our departing personnel are more fully aware of the opportunities and benefits in transitioning from active force to the Naval Reserve.

We must do everything possible to ensure our trained personnel are retained and continue to be available in the role of peacetime contributory support or mobilization for contingency operations.

As of April 3, enlisted personnel beginning the active duty separation process from a shore command on or after that day within certain geographic test areas (who are eligible for re-enlistment and are not retiring) must complete a face-to-face or phone interview with a Naval Reserve recruiter. This interview will be a positive reinforcement of important information concerning continued service in the Naval Reserve. Interviews should be conducted within 30 days prior to leaving active duty. For those members utilizing separation leave, the interview will be within 30 days prior to commencement of separation leave. As of April 3, there is a revision to the submission form of an officer release from active duty and resignation letters.

Procedures to submit an officer release from active duty request have been modified as follows: a paragraph is added to the content of the letter request, stating, "I do (not) desire to affiliate with the Naval Reserve." Present command; daytime telephone number (DSN/commercial); and email address.

Procedures to submit an officer resignation request have been modified as follows: after Command Unit Identification Code, delete the statement "daytime telephone number, Autovon and commercial, if available." After "I do (not) desire appointment in the Naval Reserve (Inactive Reserve appointment)," add "I do (not) desire to affiliate with the Naval Reserve (active reserve appointment)." Present command; daytime telephone number (DSN/commercial); and email address.

Effective April 3, Reserve officers within certain geographic test areas being released from active duty and those regular

officers who have requested a Reserve commission, will be contacted by a Reserve recruiter to schedule a face-to-face or phone interview within same timeframes as mentioned previously.

Questions regarding officer release from active duty or resignations should be directed to PERS-813C (Officer Separations) at (901) 874-3197/DSN 882, or e-mail p813c@PERSNET.navy.mil.

Additional information is also available on the BUPERS Web Page at www.PERSNET.navy.mil/pers8/p8pers81.htm under "Officer Separations." Questions regarding Naval Reserve officer affiliation should be directed to PERS-911 at (901) 874-4483/DSN 882, or e-mail P911@PERSNET.navy.mil.

The departure interview initiative will be initially tested at four geographic areas: Virginia Tidewater region; Kings Bay, Ga./Jacksonville, Fla.; San Diego, Calif.; and Puget Sound, Wash. We expect to have complete fleet-wide coverage within two years. Personnel Support Detachments in test areas are requested to provide workspace for local Naval Reserve recruiters. This will ensure complete integration of the separation process and provide designated Reserve recruiters timely access to service records to obtain information necessary for Reserve affiliation.

The vital element to success of the interview process will be the efforts of our command career counselors and support of commanding officers. Command career counselors will be points of contact for Reserve recruiters to coordinate interviews. This will ensure the Reserve recruiter does not inadvertently interfere with the command's retention efforts. Information pamphlets on career opportunities in the Naval Reserve will be provided to every career counselor. The Naval Reserve recruiter interview does not replace the required Career Information Team pre-separation brief.

Points to remember: this is an initial test of an initiative to save our most important asset: people. Our intent is to provide separating members with education and information on available opportunities to continue their naval affiliation through part-time participation in the Naval Reserve. The Reserve recruiter interview should be a positive and informative experience for members, and no one should feel they are being held hostage by the process. We must, as career counselors, recruiters, commanding officers, and separating activities, put our best effort forward in support of this initiative.

Points of contact Senior Chief Career Counselor Brickley and Senior Chief Personnelman Darby at (800) 668-7048 are available for assistance/questions. Their e-mail addresses are (lower case) brickley@cnrrc.com and darby@cnrrc.com.

I look forward to the CNRRC monthly feedback on the success of this initiative.



Members of the Ladies' Auxiliary FRA Unit meeting with the regional president, Anita Sadowski (center, with medal) included, from left: Gladys Gresham, Peggy Kipp, Juanita Simpson, Marjorie Ezell, Berniece Weaver, Anna Bowers, and Betty Tunnell.

Ladies' Auxiliary Fleet Reserve Association regional president visits Memphis unit

On March 19, the Fleet Reserve Association Ladies' Auxiliary regional president, Ms. Anita Sadowski of the southeast region, held an informational meeting for the Memphis Ladies' Auxiliary FRA Unit 231 in Bartlett.

The meeting was held as a luncheon hosted by the unit at the Dixie Cafe. President Sadowski is on a tour of all the FRA Ladies' Auxiliary units in her region. Ms. Sadowski reported on the status and the national activities of the

Ladies' FRA Auxiliary Units across the country and the southeast region.

The Ladies' Auxiliary FRA Unit meets at the Bartlett United Methodist church in Bartlett on the fourth Sunday of each month at 2 p.m. The spouses/surviving spouses of all Fleet Reserve Association members are invited to attend. More information can be obtained by calling Secretary Peggy Kipp at 901-383-1514.

Traffic tickets

There were 30 traffic incidents for the week of March 27-April 2 which resulted in 18 Armed Forces Traffic Tickets (DD Form 1408) issued and four U.S. Federal Magistrate Tickets (DD Form 1805) issued.

The tickets were issued the following days:

Armed Forces Traffic Ticket (1408)		
DATE	OFFENSE	LOCATION
Mar 27	Illegal parking	Essex & S-447
Mar 28	Illegal parking	S-752
Mar 28	Speeding 37 in a 25 mph zone	Attu & Memphis
Mar 28	Expired decal	South Gate
Mar 29	Illegal parking	S-751 parking lot
Mar 29	Disobeyed stop sign	Singleton & Oriskany
Mar 30	Illegal parking	S-768 parking lot
Mar 30	Illegal parking	S-768 parking lot
Mar 30	Illegal parking	S-768 parking lot
Mar 30	Illegal parking	S-768 parking lot
Mar 30	Illegal parking	S-768 parking lot
Mar 30	Illegal parking	S-768 parking lot
Mar 30	Illegal parking	S-768 parking lot
Mar 31	Driving without headlight, no decal, tags registered to different vehicle	Singleton & Wasp
Mar 31	Speeding 31 in a 15 mph zone & no base decal	S-454 parking lot
Apr 1	Speeding 42 in a 25 mph zone & no base decal	Singleton & McCain
Apr 1	Speeding 57 in a 35 mph zone	Singleton & S-786
Apr 1	Speeding 58 in a 35 mph zone & no base decal	Singleton & S-786

U.S. Federal Magistrate Ticket (1805)		
DATE	OFFENSE	LOCATION
Mar 30	Failure to carry driver's license	Wasp & Navy Rd
Mar 30	Failure to carry registration	Wasp & Navy Rd
Mar 31	Speeding 38 in a 25 mph zone	Singleton & Oriskany
Mar 31	Violation of tint law & failure to carry driver's license	Singleton & Commitment

Coming soon to Navy College Office!

The Navy College Learning Center is scheduled to open on the base in early July in building S-241. The primary objective of the NCLC is to provide the Sailor with access to courses to improve their academic skills through the use of a facilitated, computer-interactive delivery system.

Courses offered will include basic mathematics (through trigonometry), language arts (through grammar and writing), basic science (through chemistry) and reading comprehension. Students may enroll in this self-paced program to improve academic skills, prepare for advancement examinations, prepare to retake the ASVAB examinations, prepare for college courses, and to take advantage of counseling received from your Navy College Office.

It is an open program with no prerequisites or special eligibility criteria to participate. Sailors are invited to enroll in the program with their superior's approval during duty hours as well as during their off-duty hours. The center is also open to military spouses and adults 19 years of age or older with a valid U.S. military identification card, on a space-available basis.

The NCLC will be open a minimum of 40 hours per week. The proposed hours of operation are: Monday - Thursday, 11 a.m.-7 p.m.; Friday, 9 a.m.-1 p.m.; Saturday, 9 a.m.-1 p.m. For additional information, call 874-5290 or visit your Navy College Office in building S-241.

Navy College Program

Military personnel are encouraged to visit or call your Navy College Office in Building S-241 to get information on the Navy's newest voluntary education opportunity, the Navy College Program. This program will allow every Sailor an opportunity to earn a college degree while in the Navy through a streamlined educational process that will maximize

the amount of credit awarded for Navy training and experience toward rate-related degree programs.

Participants in the program are not required to pursue degrees that coincide with their Navy rating; the specific degree program of the greatest interest can be pursued. Visit the Navy College Program web site at www.navycollege.navy.mil.

SMART Transcript

The Sailor/Marine Corps American Council on Education Registry Transcript is a computer-generated transcript which will automatically record the recommended college credit a Sailor earns for military training and work experience.

Sailors can now obtain a copy of their individual unofficial SMART online on the Internet via the Navy College Center web site at www.navycollege.navy.mil. It has never been easier for Sailors to see what college credits they've earned through their Navy training. While the SMART is now available online, Sailors may still request copies from the Navy College Center or by visiting the Navy College Office. The Navy College Office will assist you in requesting an official SMART Transcript to be sent to your college.

CLEP/DANTES exams

CLEP/DANTES exams are administered each Wednesday in building S-241, Room 124 at 8 a.m. and 1 p.m. These exams are free to active duty military personnel and drilling reservists. Military dependents and civilians are eligible to test for a fee. For test information, call 874-5290.

Please observe the following test dates: English Composition with Essay exam, April 12; GRE subject exams, April 12; Automotive Service Excellence, May 2; PRAXIS exams (all tests), May 3.

Promotions, awards, re-enlistments



Master Chief Sonar Technician G (SW) Gary J. Campbell (left), rating lead for sonar technicians (surface), Navy Personnel Command, re-enlisted for four years during a ceremony at the Chief Petty Officers' Club March 24. Cap-

tain Jerry Rea (right), director, Enlisted Assignments Division, served as the re-enlisting officer for the 26-year veteran, and presented a certificate of appreciation to Campbell's wife, Pamela (center).



Captain Jim Jarrell (right), assistant commander of Navy Personnel Command for personnel readiness and community support, is presented a plaque by Captain Diane L.H. Lofink, commanding officer, Naval Support Activity Mid-South, in appreciation of his support of her command.



Dan Shope of Navy Manpower Analysis Center recently completed the six-week Air Force School of Manpower at the 81st Training Group, Keesler Air Force Base, Miss. During the course of instruction, Shope was introduced to many techniques in manpower determination and analysis which will re-inforce and enhance NAVMAC's process of business. During the course, extensive discussion and training was covered in the work identification and measurement; standards application and unit manpower document maintenance; manpower programming and resource management; performance management; performance improvement tools; and modeling tools.



Boatswain's Mate Second Class (Surface Warfare) Edward F. Henley (left) signs his enlistment papers for three more years, after taking the oath from Captain Diane L.H. Lofink, commanding officer, Naval Support Activity Mid-South. Henley is assigned to the Burial Detail for Command Services, NAVSUPACT Mid-South.



CONGRATULATIONS to the seven new master chief petty officers who were recently frocked at Navy Personnel Command. From left to right the new master chiefs are: **Electrician's Mate (SW/SS) Reese C. Kilian**, assistant rating assignment officer, Nuclear Power/Submarine Assignment Branch; **Engineerman (SW) Scott D. Van Dyke**, budget coordinator, Enlisted Assignment Division; **Boatswain's Mate (SW) Anthony E. Lott**, assistant rating assignment officer, Deck Rating Assignments; **Cryptologic Technician (Maintenance) (SW) John R. Warrick**, CTM (E6-E9) detailer; **Operations Specialist (SW) Gregory H. Hixson**, assistant head, Sea Special Programs Assignment Branch; **Aerographer's Mate (AW) Sherman T. Biffle**, AG Detailer; **Personnelman (SW) Victor R. Smallwood**, assistant head, Limited Duty Disability Retirements Branch.

Product Safety updates

By Gail Evans
Consolidated Safety Office

On February 3, Xerox Corporation announced that it is voluntarily recalling its LJ4000 replacement toner cartridge, designed for use in Hewlett Packard's 4000 and 4050 network monochrome laser printers. A small percentage of these cartridges could have a defect that may cause toner leakage in the printer. While the leaking toner can be messy, there is no safety issue for users. Xerox had received six customer inquiries regarding this problem. Exposure to extreme conditions during shipping may cause the toner to leak. Xerox states that occurrence of cartridge leakage will be rare.

Customers who have installed the cartridge should check inside the printer for leakage. If toner is not visible, customers have a quality product and no further action is needed. Xerox is issuing customers a refund on defective and unopened cartridges, as well as assuming related service charges. The problem has been corrected and Xerox began shipping new cartridges with the updated configuration beginning the week of February 7. Only the Xerox LJ4000 replacement cartridge is affected by this problem. The Xerox LJ4000 replacement cartridge is sold in the U.S. at Office Max, Staples, and Office Depot, as well as through contract stationers and major wholesalers/distributors. For more information on the recall, or to order a replacement cartridge for defective or unopened recalled cartridges, consumers

should contact 800-TEAM-XXR, (800-832-6979) or visit www.xerox.com.

On Feb. 9, the U.S. Consumer Product Safety Commission announced that Lancaster Colony Corp., of Columbus, Ohio, will pay a civil penalty of \$150,000. CPSC alleges that Lancaster Colony failed to report that original formulation Clearfire candles could flare up, causing the glass holders to overheat and break, putting consumers at risk of being burned or injured by broken glass. CPSC alleges that Lancaster Colony was aware of at least 142 incidents involving candle flare-ups, resulting in 20 burn or laceration injuries and more than 55 reports of property damage, but did not report to CPSC. Although the company agreed to the civil penalty, Lancaster Colony denies that the candles contain a defect that could create a substantial product hazard and that it violated the law. For more information about the recall, consumers should call Candle-Lite at (800) 543-0357.

On February 9, the National Highway Traffic Safety Administration published the following recalls:

—**Turnabout Infant Child Restraints and Explorer Mate All-Terrain Stroller/Turnabout Car Seat with Base:** manufactured between Jan. 5-17, 2000, these child seats utilize a three-point harness system. However, a Turnabout five-point pad was included with these models. The combination of the three-point harness with a five-point pad causes the buckle release button to be located under the cover, making the buckle not readily accessible. The model numbers of the affected child restraints

are 02-758 TCD and 02-758 BBP. Cosco will provide the owners with a free three-point cover and installation instructions. Owners who do not receive the free cover should contact Cosco at 1-800-221-6736.

—**Touriva Convertible Safe-T-Shield:** manufactured between May 1, 1996 and Nov. 26, 1997, the force needed to release the buckle does not meet required specifications. Thus, these seats fail to fully comply with the requirements of Federal Motor Vehicle Safety Standard No. 213, "Child Restraint Systems." The recalled models are:

—Touriva Convertible Safe-T-Shield (full wrap fabric cover) Model 02-084.

—Touriva Convertible Safe-T-Shield (partial wrap fabric cover) Model 02-094.

—Touriva Convertible Safe-T-Shield (full wrap fabric cover with pillow) Model 02-096.

—Touriva Convertible Safe-T-Shield (partial wrap vinyl cover) Model 02-040.

—Touriva Convertible Safe-T-Shield (partial wrap fabric cover) Model 02-821.

Cosco will send a remedy kit consisting of a new buckle assembly, the screws required, and detailed installation instructions. Owners who do not receive the free kit should contact Cosco at 1-800-221-6736.

—**Arriva:** manufactured between March 31 and April 7, 1999, some of these units were produced without an air bag warning label. The lack of an air bag warning label does not comply with the requirements of Federal Motor Vehicle Safety Standard No. 213, "Child Restraint Systems." The model number of the recalled Arriva infant child restraint

is 02-729-TED. Consumers will be mailed an air bag warning label and placement instructions. Owners who do not receive the free label should contact Cosco at 1-800-221-6736.

On Feb. 22, the U.S. Consumer Product Safety Commission and the National SAFE KIDS Campaign announced a crib and play yard safety initiative to keep children safe when traveling with their families. SAFE KIDS recently visited 90 hotels and motels in 27 states and the District of Columbia. Of the cribs inspected, 82 percent had at least one safety hazard, including loose hardware or lack of secured mattress supports that could entrap a baby; soft bedding, including quilts, comforters or pillows that could cause suffocation; and adult-sized sheets that pose a strangulation and suffocation hazard. Of the play yards and mesh cribs inspected, 52 percent had at least one safety hazard, including tears or holes in the meshing, which pose an entrapment risk to babies, and soft bedding. The SAFE KIDS spot check gives a snapshot of what consumers might find while traveling. Heather Paul, executive director of the National SAFE KIDS campaign, said: "This informal assessment simply raises a red flag for the hotel industry that they might unknowingly be putting babies at risk. We want hotels to know there are simple steps they can take to help ensure a safe sleeping environment for their youngest guests." Estimates show that children under age two spend more than 7 million nights per year in hotels, motels and resorts.

CPSC encourages parents to ask

ahead if the hotel or motel in which they are planning to stay has a system in place to ensure their cribs are safe. "Whether the hotel is on 5th Avenue or Main Street, there's no guarantee the crib you request will be safe and in good repair," said CPSC chairman Ann Brown. "Parents who are traveling should not have to worry about the place they put their child down to sleep. I'm pleased that Bass Hotels and Resorts is joining this safety campaign. I'm very disappointed that other hotels are not participating."

CPSC invited 24 national hotel chains to participate in the safety initiative, but only Bass Hotels & Resorts agreed. Bass Hotels & Resorts includes the Inter-Continental, Holiday Inn, Holiday Inn Express, Staybridge Suites and Crowne Plaza brands. CPSC and SAFE KIDS are encouraging other hotels and motels to participate and have prepared safety information that they can use to ensure their cribs are not hazardous. Local SAFE KIDS chapters will distribute a crib safety checklist to hotels and motels around the country.

Bass Hotels & Resorts will provide additional training for staff and hold a "Crib Safety Week" where each hotel's housekeeping and maintenance staff will conduct a thorough inspection of all cribs and play yards. The ongoing inspections will help ensure that the cribs and play yards meet current safety standards, are in good repair, and have not been recalled. The company has 2,800 hotels worldwide, including more than 1,300 in the United States.